

LATVIAN OPEN SAMBO
CHAMPIONSHIPS

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REGULATIONS

1. DATE AND PLACE OF THE COMPETITION

The competition will be held on Sunday **2nd of February, 2020**
Place: E.Birznieka-Upisa str. 21E, Riga

2. ORGANIZERS

The Organizing Committee - Latvian Sambo Federation:
Adres: E. Birznieka-Upisa str. 21E, Riga, LV-1011
info@sambo.lv
+371 28353012 Julija Lescinska

3. PARTICIPANTS

Men and women born on 2001 and older.

4. WEIGHT CATEGORIES

Men: -52, -57, -62, -68, -74, -82, -90, -100, +100 kg
Women: -48, -52, -56, -60, -64, -68, -72, -80, +80 kg

Athletes:

Must present his passport or ID card

Can present themselves only one time at the official weigh-in

Presenting themselves after the closing of the weigh-in, cannot participate at the competition.

5. INSCRIPTIONS

The federations/clubs can enter no limit competitors per weight category.

The competitors can only be entered in one weight category.

The nominative inscriptions must arrive at the LSF secretariat till **31st of January 2020**

See inscription form attached.

Phone: +371 29169811

E-mail: info@sambo.lv

Entry fee

The competitors must pay an entry fee **10.00 euro** by bank transfer or during registration.

Beneficiary: Latvian Sambo Federation

Bank: Swedbank

Swift: HABALV22

Account: LV29HABA0551044257588

6. COMPETITION SCHEDULE

The weigh-in:

On Sunday, at **9:30-10:30 a.m.**

The draw will take place in the morning of the competition day.

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Start of the competition at 12:00 a.m.

7. RESPONSABILITY OF THE FEDERATIONS AND CLUBS

Insurance

Each national federation or clubs is responsible for insuring its competitors against injury and third part of risk (public liability) during the period of the championship.
The Organizing Committee guarantees first aid to all the participants of sports delegations.
The Latvian Sambo Federation declines all responsibility.

8. COMPETITION RULES

The competitions will be held according to the competition rules of FIAS.
The competition will be held by Olympic system with double repechage or round system depending of amount of participants.
All the competitions of the same weight category will be held on the same day.

9. AWARDS

First, second and third places in each weight category awarding with medals and diplomas.
Awarding dress code is red sambo uniform.

You are welcome!

The President of Latvian Sambo federation


Jurijs Polakovs